

The apostle Paul was shatterproof. He was afflicted but not crushed. Perplexed but didn't give up. Knocked down, but he got back up. Through the power of Christ, we can be shatterproof, too. No matter what comes our way, we can be confident that through Christ, we can get back up.

DISCUSSION QUESTIONS

- 1. All of us encounter troubles in life—relational, financial, legal, or parental trouble. **Read 2 Corinthians 4:8**. Can you relate to how Paul feels about his life? How does it make you feel to know that no matter what comes your way, you can get back up again through the power of Christ?
- 2. **Read 2 Corinthians 1:19**. God says yes—yes to forgiving you, to wanting a relationship with you, to wanting the best for your life. The question is, will *you* say yes? What areas in your life have you hesitated to give over fully to God? What is holding you back from saying yes?
- 3. Though we don't always know why we're suffering, we can be confident of this: God promises to comfort us in our suffering, no matter what. In what areas of life do you feel hard-pressed, knocked down, or afflicted right now?
- 4. In the message, Jason said, "Your greatest misery can become your greatest ministry." What difficulties have you experienced that could allow you to comfort someone else who is going through the same thing?

CHALLENGE

This week, take some time and **read through 2 Corinthians 1** on your own. Highlight verses that stand out to you or make notes in the margin of your Bible. Journal any thoughts you have as you read through it.

COMMIT TO MEMORY

And we are confident that He will continue to deliver us. He will rescue us. **2 Corinthians 1:10**